

APRIL NEWSLETTER



Chef Brandon, Chef Joey, Chef Jeff

Dear Inpatient Kitchen Team,

I want to take a moment to sincerely thank each of you for the incredible work you do every day. Your dedication, teamwork, and attention to detail play a vital role in the care and comfort of our patients.

Preparing meals in a healthcare setting goes far beyond simply cooking—it requires compassion, consistency, and a deep understanding of patients' needs. The care you put into every tray helps support healing, brings comfort during difficult times, and contributes to the overall patient experience in ways that often go unseen but are deeply felt.

Your ability to maintain high standards while working in a fast-paced, demanding environment is truly admirable. Whether it's accommodating dietary restrictions, ensuring food safety, or delivering meals with kindness and professionalism, your efforts make a meaningful difference.

Please know that your work is appreciated and valued. Thank you for your commitment, your resilience, and the positive impact you make each day.



March Alumni Pizza Event

We brought these core values to the event

- Strengthen alumni relationships
- Provide networking opportunities
- Share updates about the organization/institution
- Encourage alumni involvement (mentorship, donations, events)



Graduation Rock Wall

- “With this stone, I leave a piece of my journey—and take the strength with me.”
- “Each rock tells a story—this one is mine.”
- “I place this stone as a mark of where I’ve been and a symbol of where I’m going.”
- “A small stone, a big journey, and endless possibilities ahead.”
- “This rock stands for the मेहनत, memories, and milestones that brought me here.”
- “Adding my stone to the wall, knowing I’ve built something that will last.”
- “Not just a rock, but a reminder: I made it.”
- “I leave this stone behind, but carry the lessons forward.”
- “One more stone on the wall, one giant step into the future.”
- “This rock represents the climb, the struggle, and the success.”

Quote of the Month



Someone Is Watching Your Recovery

You might not realize it, but someone in your life is probably watching your recovery.

A coworker.

A friend.

A family member.

Sometimes simply *recovering out loud*—being honest about where you’ve been and the life you’re living today—can open the door for someone else to seek help.

Never be so anonymous that people don’t know recovery is possible.

Never underestimate the impact your story can have on someone else.

If someone in your life is struggling and may need treatment, please reach out.

We’re always here to help. 💜

April Alumni Event Spokane - Please RSVP
Shawn Meese

WEST COAST PACIFIC MINOR LEAGUE

EPIC SHOWDOWN!

APRIL 11, 2026
ROOS FIELD - EWU CAMPUS

VS

SPOKANE WOLFPACK **GRIT CITY KNIGHTS**

KICKOFF 6:00 PM
GATES OPEN 5:00 PM

WEST COAST PACIFIC Minor League

www.wcpminorleague.com